

### **NAILS**

Express Manicure	45.00
Traditional Manicure	55.00
Gentlemen's Manicure	45.00
Children's Manicure (under 12)	25.00
Gel Manicure	65.00
Gel Removal	25.00
Maintenance	30.00
Traditional Pedicure	75.00
Gentleman's Pedicure	60.00
Children's Pedicure (under 12)	35.00



#### **WAXING/SURGARING**

Eyebrow Shaping	25.00
Upper Lip or Chin	25.00
Full Face	35.00
Underarms	30.00
Half Leg (lower)	50.00
Full Leg	75.00
Full Back	75.00 and up
Bikini	50.00
Brazilian Bikini	85.00

## FACIALS 75.00

Chemical Peel	60.00	-500.00
Microdermabrasion (Diamond Tor	ne)	125.00
Dermablade		125.00

# **Serenity Spa**

# SWEDISH (Relaxation)

30 min. 75.00 60 min. 100.00 90 min. 150.00

Swedish massage therapy is the modality that comes to mind when most people think about massage. As the best-known type of bodywork performed today, one of the primary goals of the Swedish massage technique is to relax the entire body. This is accomplished by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart. But Swedish massage therapy goes beyond relaxation. Swedish massage is exceptionally beneficial for increasing the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility while easing tension.

## **DEEP TISSUE**

(Therapeutic)

30 min. 85.00 60 min. 135.00 90 min. 185.00

Deep tissue massage therapy is similar to Swedish massage, but the deeper pressure is beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons and fascia (the protective layer surrounding muscles, bones and joints).

# HOT STONE (combination of Relaxation & Therapeutic)

30 min. 85.00 60 min. 135.00

### **MAKE UP APPLICATION**

Casual	25.00
Formal Event	40.00

# COOL SCULPTING Starting at \$750 (Complimentary Consultation)

CoolSculpting's unique technology uses controlled cooling to freeze and eliminate unwanted fat cells without surgery or downtime. The procedure is FDA-cleared, safe and effective. The results are lasting and undenia-

The CoolSculpting procedure is the only FDA-cleared, non-surgical fat reduction treatment that uses controlled cooling to eliminate stubborn fat that resists all efforts through diet and exercise. The results are proven, noticeable, and lasting, so you'll look great from every angle.

#### **EYELASH EXTENSIONS**

Semi-permanent eyelash extensions will give you longer, thicker and very natural looking eyelashes. They look so natural no one will know they are not yours!

150.00

## **PRODUCTS**

Serenity Spa carries Glo-Minerals make-up line

Elta skin care products and OPI nail products.



Hours 9:00 am - 6:00 pm Monday through Sunday

