

How to spa

How to book an appointment

All spa appointments are by reservation only. Please call the spa at 218-562-7158. We do not have online booking.

When you arrive

Please arrive 10 to 15 min prior to your service. When you arrive, you will be asked to fill out a medical form. This will give the therapist proper information to properly assess your specific needs. If you are unsure if a medical condition will affect your treatment, please consult your doctor prior to your service.

Electronic devices

Please make sure your phone is turned off prior to your service to ensure you're getting the most out of your service.

What to wear

Serenity spa is a day spa. We do not have locker rooms or robes to change into; you will disrobe in the treatment room. We encourage loose fitting comfortable clothing. Traditionally massage and body wrap treatments are done with no clothing on, but we encourage you to disrobe to your comfort level. All of our service providers are professionally trained and will drape you to ensure your privacy.

Gender preference and pregnancy

When booking your appointment, please specify if you have a gender preference of your therapist. This may affect the availability of your service. Please specify if you are pregnant at the time of booking. If you are unsure if you can get a massage during your pregnancy, please consult your doctor prior to booking. We do offer pregnancy pads for your comfort.

Age restrictions

We encourage all our younger guests to enjoy our services. For all services with the exception of nail services, anyone under the age of 18 must have an adult present in the spa or sign a parental consent form allowing us to perform the service. For guests 14 and under, a parent or legal guardian must be present in the treatment room.

Gratuities

Gratuities are not included in the price of the service. If you enjoyed your service, please feel free to leave a gratuity for your service provider when checking out. We will be happy to give you guidance on tipping standard for spa treatments.